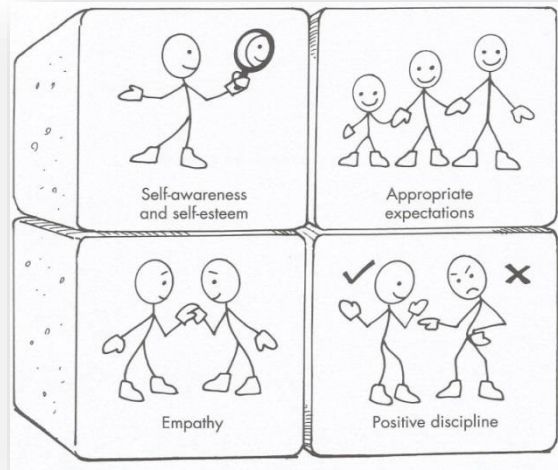




The Family Links Nurture Programme

For Every Family



Saltaire Primary School

are happy to be able to offer all families within our school community the opportunity of attending the **Nurture Programme**.

The programme focuses on important areas of family life including:

- Your self-care and well-being.
- Helping children with boundaries and expectations.
- Supporting children with self-awareness.
- The importance of empathy.
- The benefits of positive discipline in managing tricky behaviour.

We will be running an Online **Taster** session on Monday 17th January at 1.30pm where families can ask questions, find out more and sign up. The link will be sent out in the morning and we hope we will see you there.