

Saltaire Primary School

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14th May 2021

Dear Year 6 Parents and Carers,

Bikeability Training – Level 1 7th and 8th June 2021, Level 2 w/c 28th June 2021

Year 6 children have the opportunity to complete their Bikeability award. Most of the course time is spent riding on roads. On the first session (Level 1), trainees are trained in the playground so instructors can assess that they are able to progress to road cycling. Please complete the form here to say if your child will or will not be taking part.

Cycles are checked on the first day and must be in a roadworthy condition. Please make sure your child's bike is in a roadworthy condition. Please note that the instructors do not undertake repairs. We may be able to provide bikes and helmets if your child does not own one.

Please ensure that your child's helmet fits properly.

Courses are conducted by approved instructors. They decide if trainees have attained the required level of competence by continuously assessing each child's performance during the skills exercises.

Parents can help their child get through the course by giving support beforehand. Please will you:

- Adjust the cycle helmet to fit correctly
- Check that the cycle is roadworthy
- Check that your child can:
- Start and stop safely, ride in a straight line, control their cycle when looking behind and when signalling.
- Advise the instructor if your child has special needs or there is anything else they need to be aware of. If a trainee requires medication that must be administered by an adult in an emergency situation (such as epi-pen), they must be accompanied by an adult who is authorised to administer the medication.



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Instructors will also perform a safety check on the bikes at the start of the course; if they find a fault it will mentioned to the trainee and other supporter.

At the end of the course, your child will receive a certificate showing which skills they have demonstrated that reach the national standard and which, if any, require more practice.

If your child wishes to take part we will send consent and emergency details forms to be completed and returned to school. Your child will not be able to take part in the cycle training unless these forms have been returned to school before the start of the course.

Kind regards,

Chris Evans Deputy Headteacher